

Annual E-Magazine Released by Xavier School, Gamharia

THE EDITORIAL

Dear Readers,

Greetings from the Xaverian family,

"School bells are ringing loud and clear ;pandemic is over and school is here."

Let's all involve and feel merriment for a new journey of lively classroom with sounds and actions of all the children in our Xavier School, Gamharia.

This latest E-Magazine edition of Xavier Zest makes its presence during the period from lock to unlock. Our school and its teachers are like eagles who flew during the rainfall too. Inspite of all thundering, our school marked its position in all the areas. This magazine brings true achievements of all the students by which we can say that students of Xavier can mount, fly and overcome from the clouds of despair.

Malala Yousafzai said "One book, one pen,one child and one teacher can change the world". With this we can add that one digital classroom can save the entire education system and yes, it is absolutely true. The ability and effort of teachers rose the capability of all the learners in the same time of pandemic.

When the COVID-19 resulted to shut all schools across the world. Globally over 1.2 million children were out of the classroom, henceforth all the teachers adopted e-learning as a weapon to form virtual classroom where children can learn from their home. It can truly termed as **Learn from home**. But after dark clouds of pandemic and despair, now we can see clear Sky with the shining rays of hope where we can keep a step ahead to meet and motivate each other without any fear. With the use of virtual learning, we can say that education is no more traditional learning. It enlarged its aspects with the use of blended learning.

This magazine, indeed, is an honest effort to reflect creativity and talent of our budding authors, poets, writers and artists but also to give them opportunity to raise run ,fly and achieve also. The outstanding articles, quotes, poems and artwork of our creative students are sure to captivate the imagination of readers. With a sense of integrity we can assure that their creative work and ideas will certainly elegate your thoughts and state of mind.

The editorial team take this opportunity to express its sincere gratitude to our respected Principal Father Kuruvilla V,S.J, for entrusting us with the responsibility of adding another chapter to the history of Xavier School Gamharia. We thank father for being a constant support throughout the process from the conceptualization of the ideas to the last stage of publication of this grand work by our students and teachers. We also extend our heartfelt gratitude to all the parents for their dynamic roles during the pandemic. Dear parents you all work hard as a savior to uplift your child and also to the institution all while the crucial period.

We hope that you all would enjoy your journey as you all were like sailors with a brilliant mind and golden heart. We wish you all happy and uprising journey ahead. May god almighty keep us all safe, healthy and happy.

Happy reading

Editorial team



PRINCIPAL'S MESSAGE

Dear Staff, students, parents and well wishes, Lord Tennyson in his famous poem the Passing of Arthur says "The old order change the yielding place to new"



It was on 16th June 2014 that I took over as Principal of Xavier School, Gamharia. In the last 7 years and 9 months the school has crossed many a milestones. Among the most outstanding milestones are that of the imposing senior school building and the excellently laid out school campus. The growth of the school has been phenomenal. No other school in the state of Jharkhand can claim to have such ultra-modern infrastructure facilities. The performance of the students in the Board examinations has been superb. Today Xavier school stands head and shoulders above other schools in the city of Jamshedpur for quality education and superb infrastructural facilities. With God's immense grace and the whole hearted cooperation of the staff, students and well-wishers much has been achieved.

Much more remains to be done. This is where Fr. Anthony P Raj S.J steps in as Principal to take Xavier school Gamharia to further heights. Fr. Anthony P Raj S.J needs no introduction as he was the Principal of Loyola College of Education, Telco. Last year he had conducted a workshop for teachers here. He will take over as Principal of Xavier School, Gamharia on Friday 25th March 2022. With him at the helm of affairs, there is hardly any doubt that Xavier school Gamharia will become a highly reputed school and a centre of learning.

Robert Frost in his poem "Stopping by woods on a snowy evening" says

The woods are lovely, dark and deep But I have promises to keep And miles to go before I sleep And miles to go before I sleep

With these words I take leave of you as I prepare to take charge as Director of Education Resource Centre and Province Coordinator of Education of Jamshedpur Province on 1st April 2022. My sincere and heartfelt thanks to each one of you for your support , encouragement and whole hearted cooperation in discharging my duty as Principal and Secretary of Xavier school . It has been an enjoyable and a wonderful experience to be at XITE campus for almost 8 years. I will certainly cherish every moment that I spent planning various activities and programmes and looking after minute details of the school building.

All of you have been generous, courteous, understanding and cooperative.

May God bless you all

With warmest regards,

Fr.Kuruvilla V S.J Principal

VICE PRINCIPAL'S MESSAGE



From the desk of Vice Principal,

Dear Students, Staff and Parents. A very warm welcome to new academic session 2022-23. I am the new Vice Principal of Xavier School; Gamharia. Albert Einstein said "Education is not about Learning facts but training your minds to think." There is a big difference between cramping up facts and learning them so that they can be applied in a productive ways. Our School magazine has become extremely popular in a very short span of time, beside regular online classes, the teachers and students have participated equally in various online activities, which can be seen in E-magazine. Parents often take pride in informing me about how their child corrects them when they litter in inappropriate places. Education imparted here is not confined to classroom alone but is beyond that .We believed in new methods of teaching. As we are coming back to offline classes again, we look forward to your constant support that your children can achieve greater heights in academic blended with values and better growth in their upcoming future. I do believe that the success story of Xavier school, Gamharia is that it has "Touched the hearts to teach the minds."

The E-magazine "Xavier Zest" 2021-2022 is a humble attempt by our computer teachers with the support of English and Hindi teachers as well. Various students have highlighted the outstanding events of the School. I deeply appreciate the dedication and selfless service of all members of Xavier family of the past and present and wish them all God's abundant blessings and best wishes for their contribution to the noble task of spreading education and its manifest qualities, aims and objectives. The stupendous effort of principal, staff, Parents and students have made the sapling to grow into a study tree spreading into branches as shelter to many. I deem it great privilege to associate myself with this family to interact with different people in order to exchange ideas, knowledge and good practices with bright concepts and innovative skills.

With warm regards, Sr. Rashmi, CTC Vice Principal Junior Block



Achievements

Piya Das and Souvik of Std IX took part in a quiz competition organised by HDFC ERGO General Insurance Company. Being the toppers in the Eastern Zone they received Rs.10000/- each and the school too received same.
Our students participated in the 18th District Athletic Championship held at Birsa Munda Stadium, Saraikela and won overall Championship under 14 and 18 boys and girls category.
Our students participated in 12th Saraikela Kharsawan district Senior and Junior category cross country Championship and won overall runner up position.
A blood donation camp was organised by Alumni Association of Xavier School (XAAG) on 29th January 2022 in school and collected 30 units of blood.
Results of 145 students of Std X and 104 students of XII who appeared for the Semester 1 ICSE/ISC Board exams were announced on 7th February. All are now eligible for to appear for Semester -2 examination which is likely to be held at the end of April.
In Gurukool competition for teachers organised by Tarapore School, Agrico our school won overall championship along with Gulmohar School.
Krishta Singh Sardar of Std IX participated in an online competition and exhibition held on 14th February and received Excellent award in Junior category.
The School received certificate of appreciation in recognition of active participation in the National Intellectual Property Awareness Mission (NIPAM) for organising the awareness programme on 24th February in association with Intellectual Property Office, Kolkata.
School won runner up position in the various events conducted by Tarapore school, Agrico.
School clinched the Runners up position in the Sheehan Fest organised by Kerala Samajam Model School.
School received certificate of appreciation for qualifying as a member of Silver Tier in the Mind Wars Quiz Club in January.
Xavier School Gamharia received International Dimension in School Award. We thank Ms.Shreyashi and Aastha Sarariwala who worked hard to get this award. We also thank all those who contributed much for getting the award.

HDFC ERGO Insurance Awareness Award (Junior)

Xavier School Gamharia was among the top 6 teams. A quiz competition 'Insurance Awareness Award Junior' was organised by HDFC Insurance Company Limited. It was indeed a matter of pride and celebration as Piya Das and Souvik Jha of Xavier School Gamharia clinched 6th spot among 700 participant across 60 cities. Xavier School was one of the schools among countries top schools of Jaipur, Lucknow, Bengaluru, Mumbai and Indore The grand finale was conducted online on 1st October, 2021 and was live streamed on YouTube and Facebook page of HDFC Insurance Company Limited.



Xavier School, Gamharia hosted the **ASISC Zonal Senior Quiz Competition** on 29th September, 2021. It was conducted online through Zoom. Several reputed schools from the Jamshedpur Zone participated in the event. Loyola School aced the competition, Sacred Heart Convent School secured second place and D.B.M.S. English School came in third. Mrs. Saroj Ranjan and Ms. Farheen Akhtar were the event coordinators who along with the student volunteers conducted this event smoothly.



Adding another feather to the cap of achievements of Xavier School, our talented students have bagged prizes in the following events of "SHEEHAN FEST" conducted by KSMS School.

Event	Name of the student	Position
Film Craft	Shubhojeet Ghosh (XI - 'A')	First
Tabloid Writing	Sweta Gorai (XI - 'B')	First
Street Play	Piyush Das (XI - 'B')	Third
	Sourabh Suman Mahato (XI - 'C')	
	Shobhan Kandeyang (XI - 'C')	
	Suman Mahato (XI - 'C')	
	Rashmi Ranjana Toppo (XI - 'C')	
	Sujeet Kumar (XI - 'C')	
	Riya Rajak (XI - 'C')	
	Vikas Kumar (XI - 'B')	
Singing	Priyashi Mukherjee (X - 'B')	Second
Dance	Anjali Chandra Jai (VIII - 'B')	Third

Congratulations to all the Winners!



The students of our school have won the First Runner- Up position in the following events conducted by Tarapore School: Shubhojeet Ghosh(XI 'A') & Anushka (XI 'B') - Storage Wars Sweta Gorai (XI 'B') - Model United Nations Rebika Mundu (XI 'A') - Video Editing Heartiest congratulations to all the winners





Xavier school Gamharia received certificate of appreciation for active participation in the **National Intellectual Property Awareness Mission (NIPAM)** launched by the Government of India.

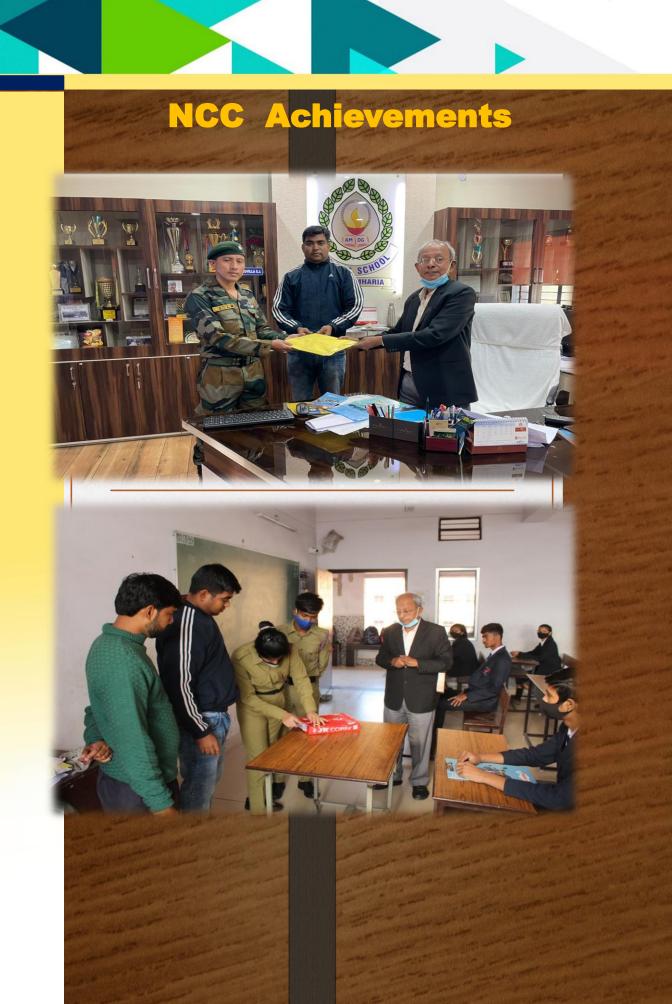


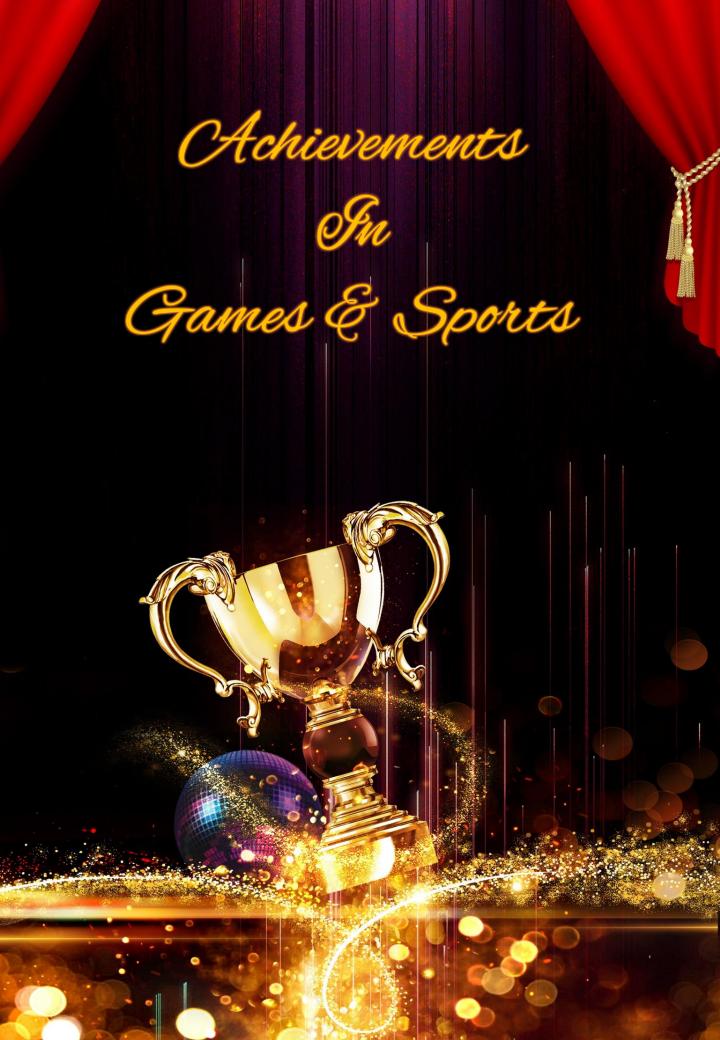
In Gurukool competition for teachers organised by Tarapore School, Agrico our school won overall championship along with Gulmohar School.

Rotary Club of Jamshedpur



Fr. Principal receiving scholarship Cheque from Utkal Auto Coach for children who lost one of their parents during the Corona 19 wave or are poor.





18th District Sports Athletics Meet

Seraikella-Kharsawan

ब्रीफ न्यूज



जेवियर स्कूल के छात्रों का रहा बेहतर प्रदर्शन

गम्हरिया. 18वीं जिला स्तरीय खेलकुद प्रतियोगिता का आयोजन बिरसा मुंडा स्टेडियम में किया गया. इसमें जेवियर स्कूल गम्हरिया के छात्रों का उत्कृष्ट प्रदर्शन रहा. प्रतियोगिता में जेवियर स्कुल के छात्रों ने कुल 11 स्वर्ण, 14 रजत व छह कांस्य पदक अपने नाम किया. वहीं आयु वर्ग अंडर 14 व 18 के अंतर्गत विद्यालय को प्रथम पुरस्कार दिया गया. ओवरऑल चैंपियन भी जेवियर स्कूल के ही छात्रों ने अपने नाम किया. छात्रों की सफलता पर प्रधानाचार्य फादर कुरुविला ने छात्रों के प्रदर्शन पर खुशी व्यक्त करते हुए उन्हें बधाई दी. प्रतियोगिता में सशिक्षक सुजीत रजक, विकास सिंह, सुनीता, अजीत का अहम योगदान रहा.



Tue, 23 November 2021 प्रभात खबर https://epaper.prabhatkhabar.co





U/14 Boys & Girl's

- ☐ Amit Hansda 1st in Shot Put and 2nd in 600m race
- ☐ Rohan Tudu 3rd in Shot Put
- ☐ Sagar Tudu 3rd in Shot Put
- ☐ Geeta Mardi 2nd in Shot Put
- ☐ Bandna Mardi 1st in 100m race
- ☐ Dua Mahato 2nd in 600m race and 3rd in 100m race

U/16 Boys& Girl's

- ❖ Mandeera Mardi 1st in Shot Put
- ❖ Deepak Mukhi 2nd in 2000m race

U/18 girl's

➤ Babli Tudu 2nd in Shot Put

Medal tally of Xavier's Gamharia

- ☐ Gold: 03
- ☐ Silver:04
- ☐ Bronze: 04





CERTIFICATIONS

RECEIVED BY JYOTI CLUB















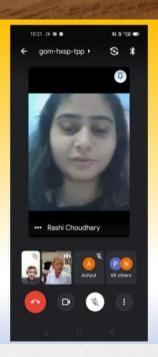
Fr.John Ravi S.J Secretary, JEA, South Asia met with the Heads of Jesuit Schools of Jamshedpur zone on 18th November and again he visited the school on 23rd November and addressed the staff and students.

Fr.Alex G S.J was the Chief Guest for the 73rd Republic day function held in school.

XAAG ACTIVITIES

INTERACTIVE SESSION WITH THE PASSED OUT BATCH 2021

An interactive session was organized with the first batch of Xavier School. The batch of 2017 was held in which the students of classes 9,10,11,12 had a good exchange of words with them on an online mode regarding life after 10th and 12th and graduation.



BLOOD DRIVE 2022

On 30th of January 2021, we held a blood donation camp in which we collected approx. 25 units of blood out of 38 samples.



CREATIVE HUB











CREATIVE HUB









NEWSPAPER CUTOUTS

जेवियर स्कूल का वार्षिक खेलकूद प्रतियोगिता में जगुआर हाउस की टीम ने ओवरऑल हाउस चैपियन बनने का गौरव हासिल किया

न्युज १२ भारत प्रतिनिधि

गम्हरिया। जेवियर स्कूल गम्हरिया का वार्षिक खेलकूद प्रतियोगिता में जगुआर हाउस की टीम ने ओवरऑल हाउस चैंपियन बनने का गौरव हासिल किया। पैंथर हाउस उपविजेता रहा। वही जगुआर हाउस को बेस्ट मार्च पास्ट के खिताब से भी नवाजा गया। बेस्ट डिसिप्लिन हाउस का विजेता भी जगुआर हाउस रहा। शनिवार को स्कूल प्रांगण में प्रतियोगिता का आयोजन किया



अतिथि

गया था। मौके पर बतौर मुख्य खेतान मौजुद थे। उन्होंने कहा कि एसिया अध्यक्ष सह शिक्षा के साथ बच्चों में खेलकृद खेतान इंडस्ट्री के निदेशक संतोष का अदभुत प्रतिभा इस विद्यालय

में देखने को मिली। कहा कि शिक्षा प्रशिक्षण से मानसिक एवं शारीरिक विकास होता है। प्रतियोगिता का शुभारंभ मुख्य अतिथि के हाथों गुब्बारे उड़ाकर हुआ। तत्पश्चात बालिका वर्ग में बबली टुडू को तथा बालक वर्ग में राजू हेंब्रम गया। प्रतियोगिता में उपस्थित गेस्ट सीईओ अनिल गर्ग तथा एसिया राष्ट्रीय गान के साथ संपन्न हुआ।

के दशरथ उपाध्याय ने विजेताओं के साथ बच्चों में खेलकृद के को पुरस्कृत किया। कहा कि खेलकृद ना सिर्फ शारीरिक और मानसिक विकास के लिए जीवन का अभिन्न हिस्सा है। इसे कैरियर के रूप में भी अपनाया जा सकता बच्चों ने मार्च पास्ट तथा मॉक है। मौके पर स्कूल के प्रधानाचार्य ड्रिल का शानदार प्रदर्शन किया। फादर कुरुविला.वीएसजे, सिस्टर रश्मि तथा सिस्टर अर्चना, खेलकूद शिक्षक विकास सिंह, को बेस्ट एथलीट घोषित किया अजीत सिंह, सुजीत रजत तथा सनीता मांझी समेत सभी शिक्षक ऑफ ऑनर (गर्ग इन्डस्ट्री के शिक्षिकाएं उपस्थित थे। प्रतियोगिता



जमशेदपुर 30-01-2022

जेवियर स्कूल एल्युमनी एसोसिएशन के शिविर में 30 यूनिट रक्त एकत्रित

गम्हरिया जेवियर स्कूल गम्हरिया में शनिवार को एल्युमनी एसोसिएशन के सदस्यों ने शनिवार को रक्तदान शिविर का आयोजन किया। शिविर में 30 यूनिट रक्त एकत्रित हुए। इसमें स्कूल के शिक्षक-शिक्षिका एवं छात्र छात्राओं ने बढ़ -चढ़कर हिस्सा लिया। इसे सफल बनाने में स्कुल के प्रिंसिपल फादर कुरुविला, ब्रदर अमलराज, शिक्षक प्रभात मिश्रा तथा एल्यमिनी के बच्चे



प्रकाश, मिलन, अदिति, आभास आदि वॉलिटियर्स एवं जमशेदपुर ब्लड बैंक का के साथ ब्लड डोनेशन एसोसिएशन के योगदान रहा।

NEWSPAPER CUTOUTS

ऑनलाइन क्रिज प्रतियोगिता में जेवियर स्कूल गम्हरिया के बच्चों को मिला छठा स्थान



प्रभात मंत्र संवाददाता

गम्हरिया : एचडीएफसी (एगों सीविक झा तथा नीवीं कक्षा की कर शिक्षा तथा ज्ञान के क्षेत्र में अपना एवं अपने स्कल का नाम रौशन किया है। विद्यालय प्रबंधन की ओर से हुएं व्यक्त करते हुए दोनों बच्चों को उज्जवल भविष्य की शुभकामनाएं दी गई है। इस

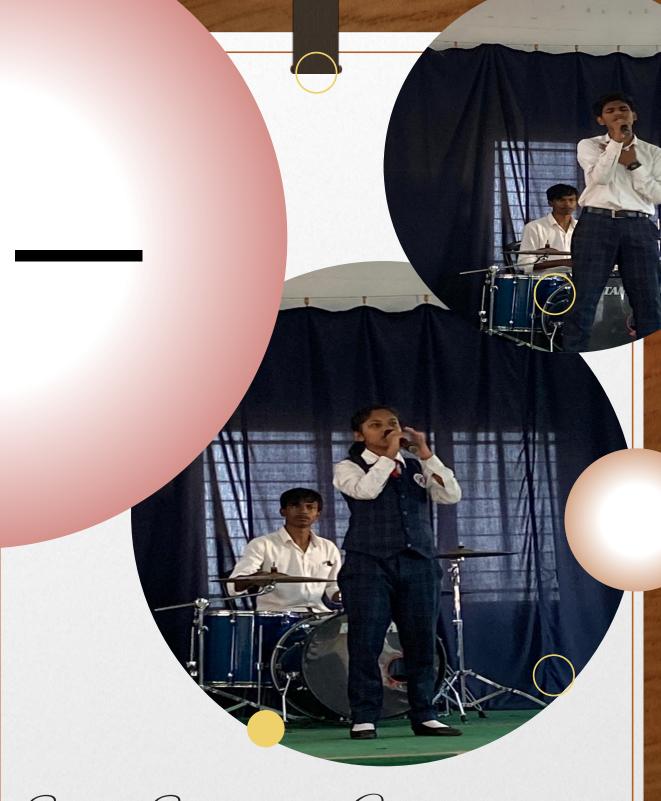
आयोजक एचडीएफसी की ओर से) की ओर से आयोजित क्रिज प्रमाण पत्र के साथ-साथ प्रतियोगिता-2021 में जेवियर पुरस्कारस्वरूप 10-10 हजार की स्कल गम्हरिया के आठवीं के छात्र राशि प्रदान कर परस्कत किया गया है। राष्ट्रीय स्तर पर आयोजित इस छात्रा पिया दास ने छठा स्थान प्राप्त ऑनलाइन प्रतियोगिता में मुंबई, बेंगलुर, जयपुर समेत करीब 60 शहरों के कुल सात सी स्कूलों के बच्चों ने हिस्सा लिया था। इन बच्चों के मार्गदर्शन में स्कूल की शिक्षिका फरहीन अस्तर की भूमिका महत्वपूर्ण रही।

> नेक जागर कोरोना से बच्चा समेत चार की मौत } 3 inext संसंक्त 60,616.89 ॐ डॉलर ₹73.91 ॐ यूरी ₹83.75

जेवियर स्कूल में हुआ वैक्सीनेशन

गम्हरिया स्थिति जेवियर स्कूल में बुधवार को 15 से 18 र्ख के बज्वों के लिए वैक्सीनेशन डाइव का आयोजन किया गया. स्कुल परिसर में आयोजित अभियान के पहलेचंदन 80 बज्चों का वैक्सीनेशन हुआ. स्कुल प्रबंधन की ओर से मिली जानकारी के मुताबिक यह वैक्सीनेशन कार्यऋम आगे भी जारी रहेगा.





Solo Singing Competition



Glorious Montents

Cherishing Accomplishments

Swachhata Pakhwada

"Swachhata Pakhwada" a campaign under the swachh bharat mission that aims to increase participation towards swachhta.

Swachhata Pakhwada-part of Swachh Bharat Abhiyan was observed in the school which was a 15-day program to conduct activities which would instill the spirit of cleanliness in the staff and students. The guidelines of the program was given by Ministry of Education, Government of India. The initiative for the conduction of the program was taken by our Principal Father Kuruvilla V, S.J.





A Day for Our Constitution...

The existence and successful survival of 'Democracy' in such diverse conditions is the most important fact about our country and constitution is its backbone. To reinforce the significance and importance of constitution the government of India declared 26" November as Constitution Day by a gazette notification in remembrance of the Father of Indian Constitution. Dr. B R Ambedkar. The occasion was also celebrated in the premises of Xavier School in all its solemnity. It was marked by the conduct of a 'Special Assembly' by the students of the school. The celebration started with very apt words as the thought for the day "The flavour of tricolour should not be depicted only though our word s but a so through our actions." This worthy thought was followed by an oath on preamble taken by the students. The assembly ground echoed with the words" we the people of India..." A specially designed quiz was conducted to enhance the awareness of the students about their constitution. The answers were fast and prompt. Then started with the ceremony - a speech on our constitution which took us on a journey of our constitution from its history to its present day form and its vital role to bring together an idea called India.





Xavier Day

December 3rd, is celebrated as the Feast of St. Francis Xavier. Xavier Day was celebrated on 3rd December 2021 in our school. This day commemorates the dedication and service that St. Francis Xavier committed himself to through his life. The cultural program relayed live on the YouTube.

Message: - Hold the torch for the social work. Serve the needy with the strive of spreading faith and love.

It is not the actual physical exertion that counts towards one's progress, nor the nature of the task but by the spirit of FAITH with which it is undertaken.







Annual Sports Meet

Xavier School, Gamharia conducted Sports meet on 18th December, 2021 in School playground. The program commenced with torch lighting and this was followed with invocation song. Many students participated in various events organized by sports faculty members. All the faculty members were present for the programme. A great deal of enthusiasm was seen in the students and faculty members.

Message: A trophy carries dust, an effort brings ability to succeed and to succeed, we need healthy mind and body.









Teachers' Day

Teacher Day was celebrated in Xavier School on 5th September 2021 to mark the birthday of great scholar, Philosopher Dr. Sarvepalli Radhakrishnan. The students put on performance, dances and Songs /Choir through which they shower respect to all the determined teachers who continued the online classes throughout pandemic by which students also continued to gain quality education.

Message: - Virtual wishes for teachers, Mutual blessing from teachers brought students in online platform to upgrade and adopt new source of knowledge.





Children's Day

Children day was celebrated on 14th November 2021 in our school. The whole program was live in YouTube. Many amazing programs where presented by the teachers such as dance, song, skit and special message was given by our respected Father Principal Kuruvilla V, S.J. The whole program was compelling and striking towards our loving children.

Message:- Every child is god's creation. Every child is special and unique. Let's make their childhood memories memorable. Blend them with knowledge and true values.







Christmas Gathering

On 22nd December, we celebrated Christmas Day. The entire school was beautifully decorated with flowers, posters, balloons and models. All the students and faculty members took part with full enthusiasm. Various programs were organised with the surprise entrance of Santa Claus. This gathering was full of joy, glaze, cheer and blessedness.

Message:- The spirit of giving brings happiness. Christmas is the great time to discard sorrow and insert true values with joy.







Republic Day

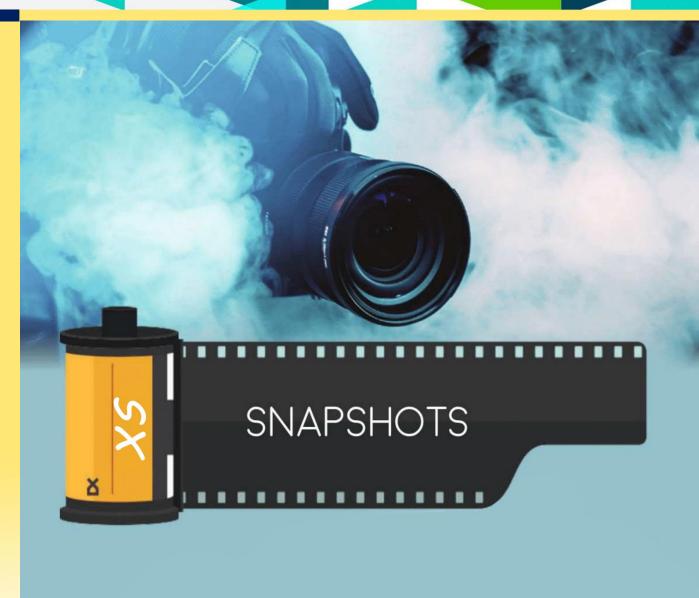
On 26 January, we celebrated Republic day with great pomp. Students of our school actively participated in various event such as skit, patriotic dance and songs. All the staff members and students witness the important day. Our chief guest expressed tribute to the armed forces and also defines the importance of democratic structures of the nation.

Message:- Brave leaders are immortal. We are proud to be Indians. We salute the work they did for this country on this day.







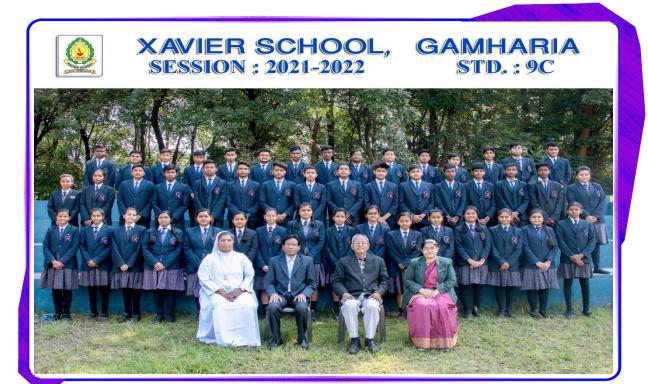


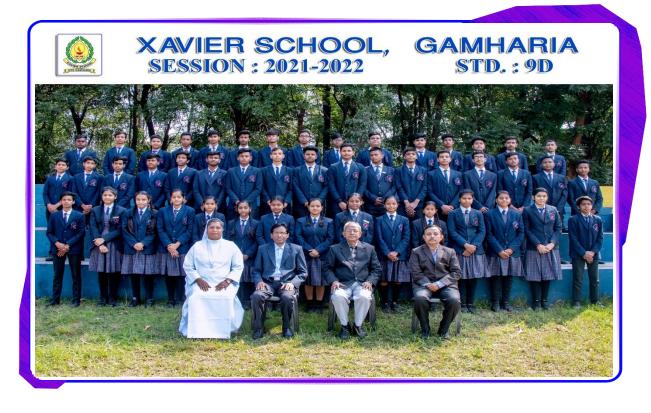


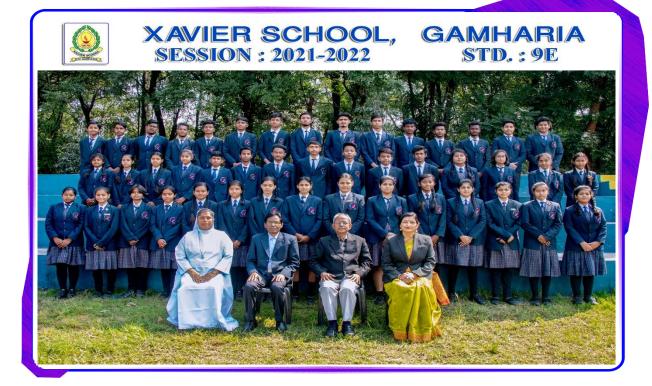
XS Class Photos



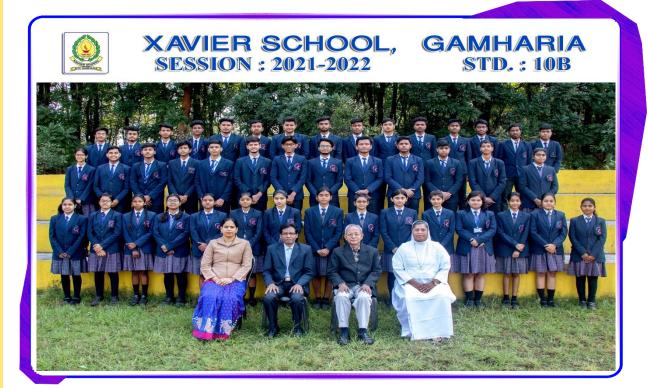


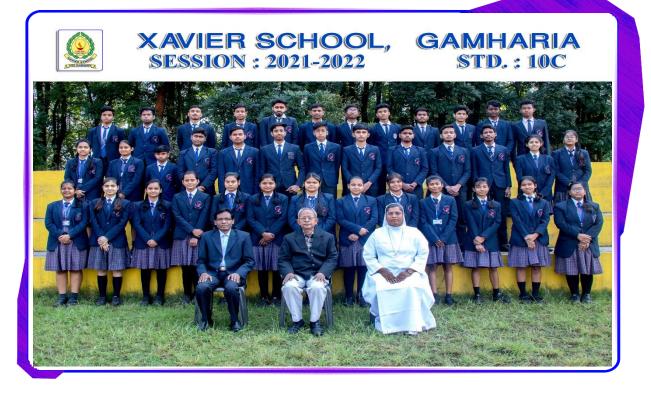


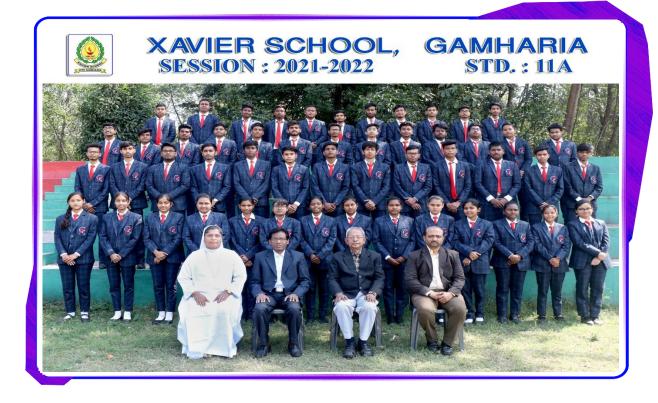


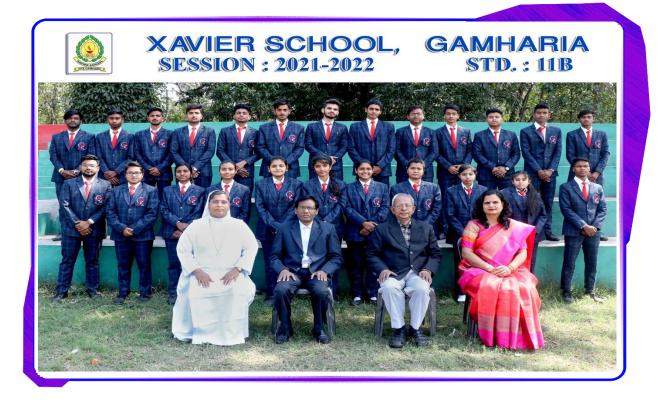




















Sports Teachers



Office Staffs



School Administrators



Maintenance Staffs



TEAM XAVIER SCHOOL



So powerful is the light of unity that it can illuminate the whole earth..... It is indeed, an eternal wonder that unites people with common goal.



"The secret of getting ahead is getting started. The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks, and then starting on the first one."

-Mark Twain















"If your blood does not rage, then it is water that flows in your veins. For what is the flush of youth, if it is not of service to the motherland?"









"Children are like buds in a garden and should be carefully and lovingly nurtured, as they are the future of the nation and the citizens of tomorrow. Only through right education can a better order of society be built up."

Children's Day

- Jawaharlal Nehru



















"Learn to seal the dead past, not to worry about the unborn future, but live and enjoy the realistic present."









"An athlete cannot run with money in his pockets. He must run with hope in his heart and dreams in his head."

- Emil Zatopek









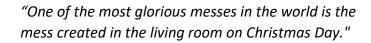












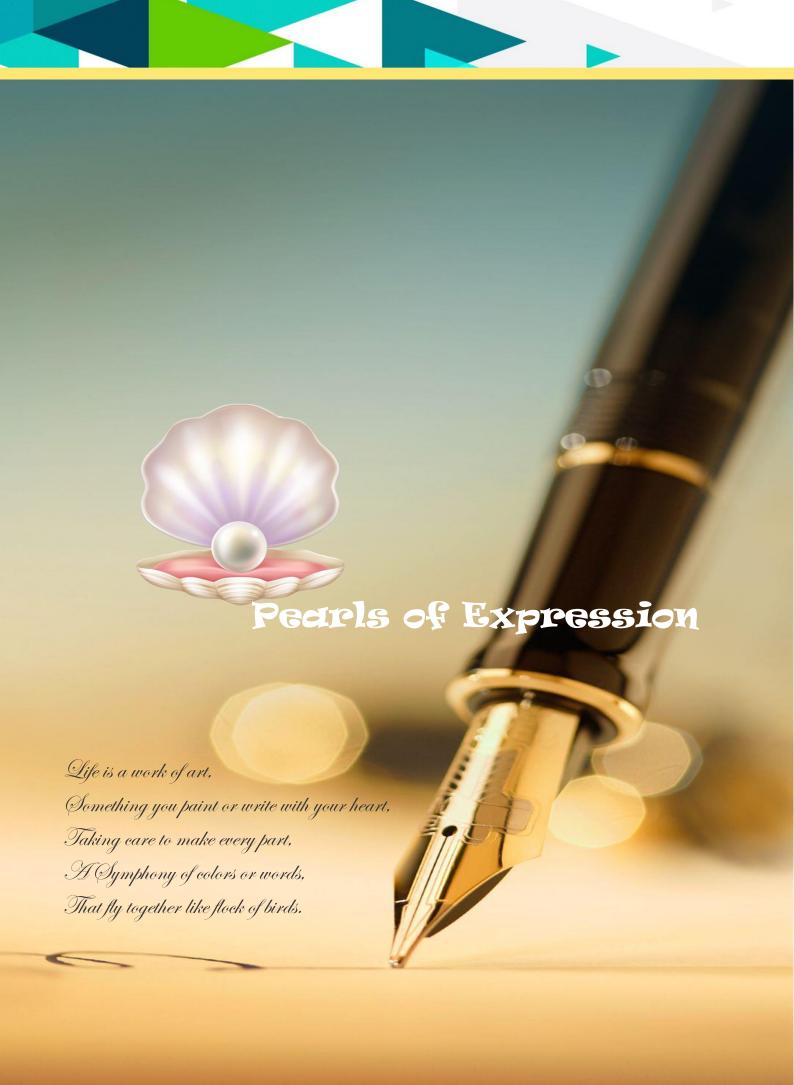
-Andy Rooney



"One individual may die for an idea, but that idea will, after his death, incarnate itself in a thousand lives."

- Netaji Subhas Chandra Bose





Loneliness

My loneliness.....
It keeps, it suits;
It holds me tight
Even in this nasty crowd,
I find solitude all aside;
I had fall in love with it,

For it has been with me e forever and wide.....
It was there in me when my life had been a look,
With pages in block and words in blue;
So sincere a friend,
As loyal too;
I love every minute, every second of you.

My loneliness!!

Priya Mahato Class- 8 'C'

Water

I am the water, which you mind need;
Which is an important liquid?
I am healthy natural and pure;
I have no colour and odour,
I am the water, water which is all around;
Save my every drop that can be found!
My scarcity can be dangerous though,
So try not to let it go.
I'm wasted in lot of ways,
Watering the plants in sunny days,
Like a bath instead of a shower;
Taking the tab on full power
I am the water, which you need
Which is an important liquid.

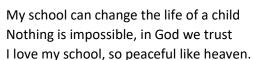


Babita Kumari, Class- 5 'E'

My School

My school is peaceful school It's not like other schools Where clouded chill surmount children Each time the scenes of a teacher is blown.

My school is Xavier
Where teachers are like parents
Why think of home? Here we are!
So caring, so loving and so wonderful
My school provides difference in us



Ayushi Dubey Class- 6 'B'

Friendship

Remember and bear in mind
A faithful friend is hard to find
Good friends are very few
Never exchange old for new
Friendship is a mirror
Handle it with care
Once it's broken
Cannot be repaired
Mountains may fall
Rivers can dry
You will forget me
But never can I

There are many words in the world. Which brings tears in our eyes. But the suggested word in this world is to say "good bye"...

A.B Subhalaxmi Class- 10 'A'

Facts about India

- 1. 5000 years old, Varanasi is one of the oldest inhabited places in the world.
- 2. Land of many First's, India invented Snakes & Ladders, Shampooing, Algebra and More.
- 3. World's only Floating Post Office in Dal Lake, Srinagar.
- 4. Indian National Kabaddi team has won all World cups.
- 5. Bandra Worli Sea Link has steel wires equal to Earth's Circumference.
- 6. The number of people travelling in the Indian Railways is equal to the population of Australia
- 7. Biggest family in the world a man in Mizoram with 39 wives, 94 children, 14 daughter-in-law and 33 grandchildren.
- 8. There are more people in India than in the entire Western Hemisphere of the Earth.
- 9. Chai (Tea) is the national drink of India.

Rohan Das Class- 10 'B'

Two Sparrows

I settled myself today, on the terrace did I set free,
Rain splashing all around like god spraying his own glory.
Two sparrows wet and puffed rubbing against each other,
the water dripping through the roof, as clear as to see,
On the other side as if love is transparent did it prove,
Changing the wind's direction a bunch of eagles did glide,
the greenery all around,

But one thing did my eyes see, depicting affinity, sitting on the tamarind tree, when on the terrace did I settled, When I set myself free.

Ananya Ranjan Class: XII 'C'

Positive Quotes

- 1. Negative people always have problems with solutions.
- 2. Sometimes what seems like chaos is actually the breaking apart of an old pattern and the birth of something new.
- 3. You can't satisfy a fool.
- 4. Life is a belief system which we create with our own endeavours and our decisions always matters a lot as it deals with our present and prepares the ground for future.
- 5. The fear within us....force us to convince others

Mrs. Bandana English Teacher

<u>Autumn</u>

Autumnal spirits of the first day of fall,
Dancing around like in an empty hall.
Trees changing colours, as the skies of the winter dawn,
The air feels lonely, but it dances along.

I took the scenic route home, endwise, The one where I could see the charming red evening skies. Walking alone under the flickering street lights, As the moon starts to overtake the guard of the night.

The autumn breeze was cold and chilly, But soon, the fantasy took over me. It felt like I was in a dream, In wonderland near the frozen stream.

Where promises are made with kisses on forehead, Where people are vulnerable and nothing is unsaid, Where heart's are broken and tears are shed, Where lost souls wander in search of a reason to go ahead.

The autumn leaves falling down like puzzles of an image, Longing to be put together or fly high in the sky for a voyage.

The skies of colours red and purple that never fails to amaze,

But soon this dream was took over by the haze.

I don't know how to stop this realisation surging over me, As painful and agonizing as it is, it is the reality.
I can still step out of this haze as I ascend,
I know I'll find daylight where the sidewalk ends.

Ananya Bharti Class: XII 'A'



Human Rights

A day to make people aware about their rights

Human Rights are the fundamental rights of individuals. "Eleanor Roosevelt "was the pioneer of Human Rights. Human Rights are set of rights that are given to every human being regardless of his gender, caste or creed, religion and nation. SOME HUMAN RIGHTS ARE:-

EDUCATION JUSTICE

- Everyone has the right to take part in the government of his country, directly or through freely chosen representatives.
- Everyone has the right of equal access to public services in his country.
- Right to freedom
- Right against exploitation
- Right to freedom of religion
- Right to life
- Cultural and Educational rights

The main objective of observing human rights day is to protect and promote the human rights of an individual. The day is observed throughout India by the National Human Rights Commission Volunteers and other government bodies. Article 14, of Indian constitution proclaims the general right of all people to equality before the law, while Article 15 prohibits against any citizen on grounds of religion, race, caste, sex or place of birth. Human Rights day is globally commemorated every year on the 10th of December.

MESSAGE:

Protecting human Rights is an important goal for every individual and for society as a whole. All the institutions and individuals concerned have unshaken faith in the observance of Human rights.

Shilpa Rout Computer Teacher

Ten Terrifying Facts

- Humans shed skin too. Like, a lot of skin. According to the WHO (World Health Organization) and recent studies, the average person will shed roughly 112 pounds of skin in their lifetime.
- Horned lizards squirt blood from their eyes as a defense mechanism.
- Pine trees have proven that they can grow inside the body. Doctors recently went into surgery to remove what they thought was a tumor. It turned out to be a fir tree growing in the man's lungs
- There was a chicken called Mike the Headless Chicken that lived for 18 months after its head was cut off.
- There exists in the Czech Republic a small Roman Catholic chapel called the Sedlec Ossuary. What makes this
 church different? Its decorations are made from human bones. The ossuary is estimated to hold the skeletons of
 40,000 to 70,000 people.
- In the 1800s, dentures (replaceable teeth) were made out of the real teeth of deceased people.
- Lady Bugs are known to eat their own larvae to ensure the survival of the other larvae. Think of it as population control on a smaller scale.
- When the movie trailer for The Exorcist first came out in theaters, people were so scared, they ran out of the room. Eventually, they stopped playing the trailer in theaters.
- Cotard's syndrome, also called walking corpse syndrome, is a condition wherein the patient believes they are dead,
 dying, missing parts of their bodies, or don't exist. Some people with Cotard's syndrome may stop speaking or
 eating since they believe they're dead.
- The Japanese Hornet is one the largest and most venomous hornets in the world. A sting from this bug can result in kidney failure.

Dhairya Kumar Class: 10 'B'

My Battle with Cancer

My name is Samridhi Raj Kumar and this is a true story from my life. I am a student of class X 'B' in Xavier's School, Gamahria. In 2021 April, I was diagnosed with fourth stage cancer which was life threatening. You can imagine what my family and I must have gone through emotionally. The word cancer is enough to get goose bumps, let alone bear the expenses of the treatment. Moreover, there is no certain date to when the treatment would end. And even if it does end, there's no certainty if I would get rid of this illness after the treatment is complete.



However, there's a profound quote which says that prayers reach where medicine cannot. Believing in this quote and having faith in God, my parents and elder brother instilled confidence in me. They made me believe that I can do it. I had to undergo fifteen chemotherapy sessions which were extremely painful with side effects. Furthermore, I also contacted the Corona virus twice where I had to stay in the hospital's Covid ward all by myself while battling Cancer.

In all of this, I kept going and used my free time to sketch and so charcoal art. Moreover, I created a Facebook page where I upload and share my sketches. I stayed in Mumbai for nine months where I was recognised as a Cancer warrior and met artists who appreciated my sketches. They also encouraged me to continue with my sketches as long as I could.

During this time, my mother stood by me as a strong pillar of support who kept encouraging me. She prayed for me day and night and never gave up.

Once again I have to travel to Mumbai very soon for a checkup with my doctor.

Through this story of mine, I want to thank all my teachers, friends, family and relatives with all my heart. All of them has supported me through a difficult phase and lastly, I would like to add, "Cancer Opens Many Doors, one of the most being the heart".........

Samridhi Raj Kumar Class: 10 'B'

Riveting Facts

- Highest mountain known to man is Olympus Mons (21.9 km) on Mars.
- India has never invaded a single country throughout it's history.
- Space is a vacuum, therefore it is eerily silent.
- In 1977, we received a signal from deep space that lasted for 72 seconds. We still do not know how or where it came from.
- There is a water reservoir floating in Earth that is equal to 140 trillion times of water in the world's ocean.
- Saluki is the oldest breed of dogs in the world known to man.
- Peanuts aren't nuts! they are legumes.
- Apple float because they are one quarter air.
- One teaspoon of neutron star would weigh six billion tones.
- The very first animals in space were fruit flies that were sent up in 1947 and recovered alive.
- Heartbeats are so fast that it can squirt blood till 30 feet.
- Human brain can generate electricity.
- Buzz Aldrin is the second person to step on the moon, after Neil Armstrong.
- Hydra is the only living creature that cannot die.
- If you sneeze too hard, you can fracture a rib.

Pid You Know...?



Healthy Lifestyle

"The greatest wealth is health!" – Virgil truly said. In the era of digitalization, technology, artificial intelligence, internet, video games and social networking, people tend to forget the value of a healthy body and a healthy lifestyle. We are living in the era where money has become a priority and a healthy lifestyle has become a mere interest of people. Good health is the greatest blessing that a



HEALTHY LIFESTYLE

person can have. It is the greatest asset of human life and the most valuable treasure humankind can discover. It is the key to happiness, success and wisdom. Only a healthy person can enjoy life to its fullest and utilize its resources. A healthy lifestyle means maintaining a balanced and nutritious diet as well as engaging in physical sports and exercises. A healthy diet alone however is inadequate to ensure a healthy body as well as lifestyle as physical activity is necessary to keep one in shape and free of sickness and disease. But in addition to both these a positive mind too counts in leading a healthy lifestyle.

A study reported in WHO, conducted for the NCMH, states that at least 6.5 percent of the Indian population suffers from some form of serious mental disorder, with no discernible rural- urban differences. Though there are effective measures and treatments, there is an extreme shortage of mental health workers like psychologists, psychiatrists and doctors. As reported last in 2014, it was as low as one in one lakh people. The average suicide rate in India is 10.9 for every lakh people and the majority of people who commit suicide are below 44 years of age.

India ranks 8th among 146 nations worldwide with the lowest level of insufficient physical activity among adolescents at 73.9 % as reported by a WHO report. According to a report of ICMR around 54.4% people were found inactive and less than 10% engage in recreational physical activity.

Physical activity, recreational events, positive thinking, optimistic approach, nutritious and balanced diet must replace social media, video games, binge-watching and the addiction of 'always online' to create a mentally and physically healthy society where each individual can thrive towards the positive side of life.

A healthy lifestyle of each individual would set an example for the upcoming generations and would create a healthy society, giving rise to a healthy nation. When the youth of a nation will lead a healthy lifestyle then only a nation can progress.

Shreeya Rai Class: IX 'B''

Amazing Facts



- Eating too many carrots can turn your skin orange because carrots are high in the beta-carotene pigment.
- Wearing headphones for just an hour will increase the bacteria in your ear by 700 times.
- After 10 minutes of birth, so much brain develops in the child that he understands from which side the sound is coming.
- 300,000 new malware is created every day.
- Best way to save your account from being hacked is to turn on two factor authentication.
- Your body is the weakest during 3:00 am 4:00 am this is the time most people die in their sleep.
- There are more stars in the universe than grains of sands on Earth.
- Nearly 10 percent of all of a cat's bones are in its tail.
- An eight-character password using only upper- or lower-case characters has 200 billion potential combinations.
- A fox uses its tail to communicate with other foxes.
- Sunglasses were originally designed for Chinese judges to hide their facial expressions in court.
- Experts say the rise in spam is largely due to one malicious computer programme or worm called "Stration". This hijacks home computers and makes them send out e-mails.

Aryan Narayan Thakur Class: IX 'C'

Who is she?

She was undesired within her mother's womb, She was unwanted in her father's arms, She was a curse to an heirless family, She was a burden to carry until married, She was an entity of pleasure for many.

Her birth was a subject of sorrow! Her clothes were a concern of provocation! Her NO was a challenge to male ego!

She struggled to be born,
She struggled to be alive,
She struggled to learn ad write,
She struggled to speak and be heard.

Every time she tried to stand, run and fly, She was stepped upon, silenced, Exploited, prisoned and pulled back.

But with every struggle she faced, Every war she fought, Every wound she carried, Every humiliation she faced, Every hurdle she jumped, Every obstacle she crossed, Every pain she drank And every tear she wept She found The hope of an eternal flame,
The strength of a warrior,
The wisdom of a saint,
The bravery of a soldier,
The courage of a martyr,
The spirit of moving on.



Despite her broken smile,
Tearful eyes and a wounded soul
Her heart holds dreams to come true
Her mind carries ambitions to achieve
Her soul yearns to embrace equality.
And absolutely nothing can stand in her way!
For she has learnt to fight her battles.

Shreeya Rai Class: IX 'B'

Only Your Destiny

You are the one and only, Who changes your fate? Making your decisions happily, Opening the way out of gate.

It's not always your day,
Move forward with shining ray,
Don't cry over your past,
Instead try to improve your future, fast.

If you fail, yet you have many chances, Don't turn back by judging your glances. Believe in yourself and step ahead, And rays of light like sun you spread. Beyond the tunes of world, You frame your lyrics, Arranging the beads of words, Ignoring the world's satirics.

New flower rises when the old withers, So open your wings of colourful feathers, Listen to your heart and soul, Climb up the stairs and reach your goal.

> Piya Das Class: IX 'C'

A Good Attitude Brings a Change - Believe In Yourself

Belief is an attitude, a point of view, the way you think about something. You form attitude through knowledge and experience. Furthermore, you can change your attitude if you motivate yourself to do so.

Perhaps you disliked a person because of a particular habit he or she had or because of the way he dealt with other people. Yet later your opinion became one of respect when you noticed changes in his behaviour. What happened? Your attitude changed. It changed because the person changed.

So it is with your attitude toward yourself. It too can change if you change. But you have to do the changing.

Do you think of yourself as being unhappy most of the time, disorganized, unable to fulfil your dreams, always at the bottom of the ladder? It is very easy to let life get you down, to give up, for it takes more effort to be happy than to be sad.

Many of our conversations these days revolve around reminiscing the pre-covid life and how much the world has changed since. However, while a lot has changed at a deeper level we remain sorely stuck in old ways. During the crisis we discovered our ability to reflect and be purposeful.

As we reflect on how we can better our lives by changing our attitude in the coming days, here is a blueprint to help us lead the kind of life God wishes for us. Our lives should be centered on love - love for God and love for our fellow beings. When we open our hearts to them and take time to be with those we love, think more about others and try to show them how we feel. When we radiate warmth and love to all around us, when we are more patient, more tolerant, and more compassionate to others. When we give, give and give to all around us to bring joy and happiness to their lives and to alleviate their burdens.

Count your blessings and thank God for every living moment, for God's generosity to you is infinite. Why should I be grateful? Most of us would agree that complaining and criticising can make life bitter and sour; while being grateful makes us positive, happy and optimistic; it helps us see the bright side of life. It teaches us the art of appreciation.

Let us thank God for sorrow - it teaches us pity and compassion.

Let us thank God for pain and illness - we learn forbearance and patience.

Let us thank God for friends and who let us down and hurt us - for we learn the divine quality of forgiveness therefrom.

Let us thank God for disappointment - for they teach us to be ready for His appointments.

Sr. Archana Fernandez, CTC



शठ सुधरहि, सत्संगति पाई

कदली, सीप ,भुजंग मुख , स्वाति एक गुन तीन, जैसी संगति बैठिए तैसोई फल दीन।।

सत्संगति का महत्व बताते हुए संत कबीर ने कहा है कि यह मनुष्य को ना केवल अज्ञानता के अंधकार से निकालकर प्रकाश की ओर ले जाती है, बल्कि असत से सत की ओर, जडता से चेतन की ओर भी ले जाती है। यह मनुष्य के अंतस से घृणा, क्रोध जैसी दुरभावनाओं का निकास कर उस में सद्भावनाओं को समाहित कर उसे सत चिंत बना देती है। जो व्यक्ति सदा सत ही विचारता है, सत की उसकी वाणी होती है, जिस व्यक्ति के आचरण में सत् ही सत् रहता है ,वह मानवता की पराकाष्टा पार कर अध्यात्मिक पृष्टभूमि पर अपने चरण रख स्वयं को ईश्वर के निकट पाता है। उसकी प्रकृति इतनी दृढ़ और उत्तम होती है कि उन पर क्संग के दंश का प्रभाव पड़ ही नहीं पाता ।उसके संसर्ग में रहने वाला दुराचारी भी अपने दूराचरण और दूरभावनाओं दुर्भावनाओं का त्याग करने को स्वाभाविक रूप से बाध्य हो जाता है ।सत्य संगति के प्रभाव के कारण ही डाकू रत्नाकर महाकवि बाल्मीकि बन गए महात्मा बुद्ध की संगति का अंगुलिमाल पर ऐसा प्रभाव पड़ा कि वे मोक्ष का मार्ग ढूंढने लगें। पारस पत्थर की संगति से लोहा भी सोना बन जाता है। सत्य संगति मोक्ष का मार्ग दिखाती है, ज्ञान चक्ष् खोलती है तथा संसार की वास्तविकता का ज्ञान कराकर हमेशा सांसारिक कष्टों को सहर्ष स्वीकार करने हेतु तत्पर करती है। सत्संगति मान सम्मान, ज्ञान समृद्धि और यश सभी मनुष्य की झोली में डाल देता है जिससे वह सत्– चित् आनंद की अनुभूति करता है ।परंत् दुखद स्थिति यह है कि मनुष्य पर सांसारिकता का आवरण इस कदर छा गया है कि यह स्वयं को माया के मुंह से मुक्त नहीं रख पाता। माया तो मृगमरीचिका है जिसका आकर्षण मनुष्य के नाश का कारण बनता है और मनुष्य है कि अज्ञानता वश मनुष्य स्वेच्छा से मृगमरीचिका रूपी माया के पास में उलझ कर अपने व्यक्तित्व एवं अस्तित्व का नाश कर बैठता है। उसे ना तो अपना और ना ही दूसरों के हितों का ध्यान रहता है । यह सर्वविदित है कि इस संसार का अस्तित्व मानवीय सद्भावना एवं परस्पर भाईचारे की पृष्टभूमि पर टिका है। मनुष्य की आत्मीयता ही मनुष्य को मनुष्य से प्रेम एवं मानवता के रेशमी धागे में पिरो कर उनमें अंतरंगता लाती है अंतरंगता और अम्मीयता के अभाव में मनुष्य पश् तुल्य होता है, उनका अपना कोई अस्तित्व नहीं होता ।विडंबना यह है कि मनुष्य को इस सत्य का ज्ञान होते हुए भी वे इन्हें आत्मसात नहीं कर पाते ।कई महात्माओं ने इस संदर्भ में कहा भी है कि युगों से मनुष्य विभिन्न धर्म ग्रंथों और बहुत सी ज्ञानवर्धक पुस्तकों का अध्ययन कर स्वयं को विद्वान और दिग्गज जैसे विशेषणों से विभूषित कर रहा है परंत् किसी ने मानवता का पाठ नहीं पढा, ना उस पर चिंतन मनन करने की आवश्यकता हीसमझी जिस कारण मनुष्य, मनुष्य से दूर होता चला गया और परस्पर दूरियां बढ़ने लगी। परंतू यदि मनुष्य अपने अंतस में मानवता रूपी पौधों को पल्लवित और पृष्पित होने का अवसर प्रदान करता है तो वह वास्तविक रूप से मानवता की ऐसी पृष्टभृमि तैयार करता है जिसपर संबंधों की प्रगाढ़ता विकसित होती है और यह तभी संभव है जब हम सत्पुरुषों की संगति में रहे. उनकी विचारधारा और उनकी भावनाओं का वर्णन करें।

नीतू कुमारी हिंदी शिक्षिका



अखंडित शक्ति

में एक नारी में ही धरा और सृष्टि मुझे अपने होने पर बड़ा नाज है में ही शक्ति में ही बुद्धि प्रेरणा और प्रयास हूं अंधेरे पथ की ज्योति बनकर चल रही विश्वास हूं आत्म निर्भरता की चाहत रग रग में समाई है अग्नि कुंड सी ज्वाला मन में लगाई हुई है में एक नारी में ही धरा और सृष्टि मुझे अपने होने पर बड़ा नाज है में द्रौपदी नहीं जिसे जुए में कोई लगा सके में सीता नहीं जिसे अग्नि परीक्षा में जला सके कलयुग हो या सतयुग हो हर पल मेरी अलग पहचान है शक्ति अखंड है काया प्रचंड है क्षमताओं से भरा सैलाब है मैं एक नारी मैं ही धरा और सृष्टि मुझे अपने होने पर बड़ा नाज है बचपन की काली परछाइयों से मन पर मेरे आघात लगा ससुराल से दुकरा कर आने से मन ने विषमताओं का ताप सहा में टूट गई थी बिखर गई थी फिर भी मैंने लड़ना सीख लिया में एक नारी में ही धरा और सृष्टि मुझे अपने होने पर बड़ा नाज है कल की बात कुछ और थी आज परिस्थितियों ने नया मोड लिया

जब मैंने चुनी इक संभाव्य दिशा
स्वंर मार्ग सम्यक बनता गया
टूट गई बेड़ियां सामाजिक कुरीतियों की
स्वतंत्रता के शब्द कई कंठों से फूटने लगे
मैं एक नारी मैं ही धरा और सृष्टि
मुझे अपने होने पर बड़ा नाज है
मैं ही शक्ति मैं ही बुद्धि प्रेरणा और प्रयास हूं
अंधेरे पथ की ज्योति बनकर चल रही विश्वास हूं
मैं एक नारी मै ही धरा और सृष्टि
मुझे अपने होने पर बड़ा नाज
मैं जननी मैं ही योद्धा
भारत भूमि की मैं ही विकास हूं।



जीना इसी का नाम है

यह प्रयास नहीं परिमाण है जिन्दगी इसी का नाम है हार से घबराना नहीं जीत में अहंकार बढाना नहीं मदमस्त जिसकी चाल हो हिम्मत ही जिसकी ढाल हो विपत्तियों से वे घबराते नहीं शोक कभी वे मनाते नहीं जो जिन्दगी से हार जाए कैसे वो मनुष्य कहलाए मरना ही है तो युद्ध करो देश के दुश्मनों को मारकर मरो ये जीवन सफल हो जाएगा जो देश हित कहलाएगा कायर नहीं त् वीर बनो जीवन को अपने चरितार्थ करो।

बिन्दु रानी <u>हिंदी शिक्षिका</u>



वह माँ है...

वह माँ है ममता की मूरत है, वह माँ है जिसकी यात्रा अविराम है, माँ की यात्रा गर्भ से प्रारंभ होती है, और चिता पर जाकर समाप्त होती है।

माँ का साथ निरंतर और निराला है,

कभी साथ दिया साथी बनकर, कभी ज्ञान दिया गुरु बनकर, कभी बनी न्यायाधीश पर न्याय किया प्रेम की मूरत बन कर, मगर मानती हूँ यह बात एक माँ ही है, जो मार्गदर्शन करती है बारंबार।

कभी प्रेरणा बनकर सपनों को दी उसने उड़ान, कभी हिम्मत बनकर हौसलों को दी बुलंदी,

अपने सपनों को रौंदकर उठ खड़ी हुई, अपने बच्चों के सपनों का महल सजाने,

वह माँ है ममता की मूरत ॥ वह मेरे लिए मेरी कलम है, वह मेरे लिए मेरी दवा है,

जहाँ मुझे मिला अपनी हर समस्या का समाधान। चेहरा पढ़ना बहुत अच्छे से है जानती,

भले शब्दकोश को कम है पहचानती,

आँखें भले ही कमज़ोर हो जायें पर बच्चों के चेहरे पर शिकन तुरंत पहचान जाए।

वह माँ है ममता की मूरत **॥** बिना खिलाए जो न खाए,

वह और कौन? वह माँ है ममता की मूरत॥

कवयित्री बी.आर.चित्रा शिक्षिका



We thank you sister for your dedicated service to Xavier School for the last 3 years. We wish you God's blessings in your new assignment.







